



**Cathedral of Christ the King
299 Colony Blvd.
Lexington, KY 40505**

Confirmation Sponsor Information

When choosing a sponsor you are looking for someone you trust, whose faith you admire and who will be there for you. You can choose a relative, friend, or someone from your parish as your sponsor. The sponsor is a person who helps you, the candidate; learn the meaning of a life of faith in Jesus Christ and how to integrate this on a personal level. The sponsor is never to be seen simply as a title. The sponsor's role is a serious one which serves to personalize faith and lead you into a deeper relationship with Jesus Christ.

Sponsor Requirements as required by the Code of Canon Law 872, 873, 874:

- The sponsor must be baptized and confirmed, have the use of reason and the intention to be a sponsor.
- The sponsor should not be the father or mother of the one to be confirmed.
- The sponsor should be at least 16 years of age.
- The sponsor must know the fundamental truths of the Faith and be a practicing Catholic who attends Mass on Sunday and Holy days, receives the sacraments according to the minimum requirements and sees to the religious instruction of their own family.
- The sponsor, if married, must be married according to the teachings of the Catholic Church (before a priest and two witnesses).

Please consider all of the above when deciding on a sponsor. After you have chosen your sponsor, please give them the "For Sponsors" sheet and the Confirmation Sponsor Certificate. The sponsor and their pastor must sign this form and return it no later than November 1st.



For Sponsors

- **Be at your best**

If you have been chosen to be a Confirmation sponsor, congratulations! This person sees in you a profound faith commitment, finds trust, and knows you are someone who will care about them and their faith. Sounds impressive, doesn't it? It's not all that complicated, but it does take time, a caring heart, and a listening ear. If you're a practicing, mature Catholic, don't get too worried.

Here are a few suggestions on how to be the best possible sponsor for your candidate:

- **Be a living model of faith.** At least a part of what this young person admires in you is your faith! If the way you practice your faith is not what it should be, "get it together," so to speak! If you honestly can't you probably should decline the invitation to be a sponsor. Your life doesn't have to become artificially saintly, but your faith should be authentic and sincere.

- **Pray for your candidate and yourself.** As candidates decide to be confirmed, they need spiritual strength. Your prayers for them are important, but don't forget to pray for yourself also, that you can share why you value and practice your Catholicism. Attend Mass together, or even have the courage to come to Reconciliation together.

- **Give of your time and share your gifts.** You'll be asked to spend time together. ***The Sponsor or Parent/Youth Enrichment Night is _____ from 6:30-8:00 pm.***

- **Don't miss the ceremony.** Participating in the ceremony is the easiest part of being a sponsor. You're there to be a support.

- **Don't forget this newly confirmed Catholic.** After Confirmation day, remember birthdays and this anniversary. Send a card or make a phone call. Continue to worship together, or from time to time do some Christian service together. Put those "Gifts of the Spirit" into practice.

- **Confirmation Sponsor's form.** Please fill out the Confirmation Sponsor Certificate and then have your Pastor sign it complete with parish seal. The completed form then needs to be sent back to The Cathedral of Christ the King c/o Elena Beauregard 299 Colony Blvd. Lexington, Kentucky 40505 by November 1, 2013.