

## Parish Life Hours



- **Confirmation Requirement** – 20 hours minimum of parish hours (5 of the 20 to be accomplished in a community agency)
- **God's Requirement** – a lifetime of service

***IT'S UP TO YOU - to seek your own opportunities to serve.***

### ***SOME IDEAS . . . (Corporal Works Of Mercy)***

The following are simply suggestions to help you formulate your own service projects. All candidates for Confirmation are required to give of their time and talents to learn that acts of service are a regular part of our daily living of the Christian Way of Life as taught in the Gospels. These various areas of service will challenge each young person to grow and expand the way in which they serve God and others. It will allow them to try something they may never have thought of doing before and perhaps learn of new skills and ways they are good at serving. Remember, these should be “extraordinary acts” wherein you go beyond your normal routine to serve others.

#### **“Feed the Hungry” / “Give Drink to the Thirsty”**

Host a mini-food drive in your neighborhood; work at the Catholic Action Center or contact God's Pantry and ask how you can help; donate and shop for groceries for a neighbor who needs help.

#### **“Clothe the Naked”**

Host a clothing drive in your neighborhood; clean out your closet, then donate your things to Goodwill; donate baby items or children's clothing to a shelter; choose an angel from the Giving Tree at Christmas and use YOUR OWN MONEY to buy the gift(s).

#### **“Visit the Imprisoned” / “Shelter the Homeless”**

Look into ways of helping those who are imprisoned by extreme poverty; prayer and simply raising awareness in others can be very helpful; help an elderly person who is homebound with yard work, housework, or just by visiting; contact a homeless shelter, ask about ways you can help.

#### **“Visit the Sick”**

Contact a senior citizens home – ask if you can play bingo, bring cookies, etc.; visit someone in the hospital/nursing home; help a sick friend or neighbor with housework, yard work, etc.; visit a children's hospital – take stuffed animals, coloring books, etc.

#### **Other Ways to Serve . . .**

Be an ALTAR SERVER; be a teen volunteer for CCD; a weekly rosary for any special cause (the sick, the dead, an end to abortion, etc.) is a WONDERFUL way to serve; ADORATION! Ask some friends who are also preparing for Confirmation to join you.



Be creative, pray about it, ask God to help you see where He needs your hands and your heart!